



# Baby Nursery Checklist

**HUGGIES**  
BRAND



# Baby Nursery Checklist

With a baby on the way, there's a lot to think about - and a lot of things to buy, borrow, or make. Getting ready for your new arrival should be a pleasure, not a baffling ordeal. That's why **Huggies** have taken the hard work

out of it with this checklist of **baby nursery essentials**. But it's not all work and no play - we've also included a section for the things that are fun to have around, too.



## Essentials for you and your baby

### ☑ Cot

First thing's first. Your baby is going to need a place to sleep.

Depending on the type of cot you buy, this could be the biggest investment you make for the nursery - especially if you buy one that can be adjusted and extended as your baby grows. If you plan on using a vintage cot, ensure it does not contain lead paint and that it conforms to **Australian safety standards**.

### ☑ Table and change mat

A sturdy table, standing at around hip height, is going to be your best friend in the nursery - especially if you have limited space.

Place a curved change mat with a waist strap to the top, and you have a change table. Remove it, and you have a place to pack bags for a day out with your baby. Small hooks can be attached to the side, to hold your **nappy** bags and packs of **wipes**, right where you need them.

### ☑ Chair

A rocking chair is best. It will allow you to recline, and your baby will love the comforting rocking motion. If you can find one with a foot stool - even better! You'll be in that chair a lot. Washable cushions are also well worth it, for those little accidents.

### ☑ Clothes hamper

Having a clothes hamper just for your baby's clothes right near where you change them is vital. It is particularly useful if you are washing your own clothes separately to avoid exposing your baby to the harsh chemicals which are sometimes found in laundry detergents.

### ☑ Nappy bin or disposal system

A good quality nappy bin will hold your nappies ready to be thrown away or washed. A nappy disposal system will seal customised containers, or standard plastic shopping bags, to reduce odour until they can be discarded.

## ✔ Baby monitor

You can't be with your baby every minute of every day, and for those times when you are just out of earshot, a reliable baby monitor is exactly what you need. There is a wide range available, from low-energy audio devices, to video intercoms with multiple screens.

## ✔ Blankets and sheets

Because your baby won't be able to regulate their body temperature for the first few months, it is crucial that you have the right bedding for the climate/season. It's a good idea to have at least three sets of sheets so that you are covered at every stage of the "wash, use, store" cycle.

## ✔ Feeding pillow

This can be a clean pillow you pull off your own bed or, for added comfort; a V shaped pillow will provide extra security and comfort, during those late night feeds.

## ✔ Chest of drawers

You'll be surprised at how many singlets, socks, and bodysuits you are about to accumulate and it's great to have them all in one place, clean and dry, right when you need them. A small chest of drawers is also an ideal place to store fresh linen.

## ✔ First aid kit

Accidents will happen, so it's best to be prepared with a first aid kit full of band aids and creams. It's also a great idea to learn some first aid – **St John Ambulance Australia** run first aid training courses for all levels and sell first aid kits for all budgets.



## Fun items for you and your baby

### ✔ Mobile

A mobile over the cot helps some babies to sleep, while for others it's too stimulating for night time. Try your baby out with one and see how they go – there are plenty of spinning sight and sound combinations to choose from!

### ✔ Music player

Whether it is a CD player, or an iPod dock, having soothing music and lullabies at the touch of a button is always lovely for you and your baby.



# Shopping list

## Essentials for you and your baby

<input checked="" type="checkbox"/>	Item	Cost	Notes
<input type="checkbox"/>	Cot		
<input type="checkbox"/>	Chair		
<input type="checkbox"/>	Table and change mat		
<input type="checkbox"/>	Hamper		
<input type="checkbox"/>	Nappy bin or disposal system		
<input type="checkbox"/>	Baby monitor		
<input type="checkbox"/>	Chest of drawers		
<input type="checkbox"/>	Blankets and sheets		
<input type="checkbox"/>	First aid kit		
<input type="checkbox"/>	Feeding pillow		

Total

## Fun items for you and your baby

<input checked="" type="checkbox"/>	Item	Cost	Notes
<input type="checkbox"/>	Mobile		
<input type="checkbox"/>	Music Player		
<input type="checkbox"/>	Play mat and toys		
<input type="checkbox"/>	Books		
<input type="checkbox"/>	Nightlight		
<input type="checkbox"/>	Wall art		

Total