It contains activities for every occasion. We’ve covered that rainy day, where you are stuck indoors with a cranky toddler desperate for something to occupy them, right through to educational activities supporting your little one in their literacy and numeracy development. We’ve broken things down into age groups so you can easily access the ones suitable for your little one’s age bracket.

We’ve included sections on:

1. Rainy day activities
2. Outdoor activities
3. Craft activities
4. Education activities
5. Recycling activities
6. Top 20 MUST HAVE items in the craft box

We’ve pooled the wisdom and suggestions from our wonderful Huggies mums and dads, in addition to lots of activities tried and tested by leading childhood experts. Remember, you can always use our activity toolbar [here](#) for even more terrific suggestions for you to carry out with your little one.

Please remember that for some of our activities, particularly the craft ones, adult supervision is always required. Please note that there may be small parts for some of the craft activities that could be a choking hazard for children under three years of age and/or tools needing close adult supervision. Created crafts may not be intended for use as toys and these should only be used with adult supervision by children under three years of age.
### Top 5 Rainy Day Activities

#### Baby 12 – 24 months

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<thead>
<tr>
<th>Activity</th>
<th>Equipment</th>
<th>Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tunnel crawl</td>
<td>Cardboard box, glue, scissors.</td>
<td><strong>Instructions:</strong> Cut the flaps off of three cardboard boxes and tape the boxes together to form a tunnel. Place Baby at one end and then go to the other end. Peer into the tunnel and encourage them to crawl through. Make sure to cheer them on as they crawl through. Alternatively, sit and help them decorate the tunnels with crayons!</td>
</tr>
<tr>
<td>Cardboard box play</td>
<td>Cardboard box, glue stick, cut up magazine paper.</td>
<td><strong>Instructions:</strong> Boxes are easy to get hold of. You can just save the Huggies nappy box. Bub will be happy to simply climb in and out of the box. Alternatively, spend some time together decorating the box with the glue stick and paper. Bub will love the texture and feel of the paper as they busily glue and stick.</td>
</tr>
<tr>
<td>Indoor tea party</td>
<td>Plastic plates, cups, blocks and favourite teddy bears.</td>
<td><strong>Instructions:</strong> Sit on the floor with your little one and play at serving tea. If you don’t have time to attend then suggest that teddy and some dolls would like to come instead!</td>
</tr>
<tr>
<td>Pretend cooking</td>
<td>A mixing bowl, wooden spoon, measuring cups, plastic storage containers and a whisk.</td>
<td><strong>Instructions:</strong> Give them a few of your kitchen utensils so they can pretend to cook while you are getting dinner ready.</td>
</tr>
<tr>
<td>Rainy day box</td>
<td>A large box labeled “Rainy day box”. Collect items to use on rainy days.</td>
<td><strong>Instructions:</strong> Suggestions for items include: paper towels and Baby Wipes. Pens, pencils, crayons and stamp markers. Kids stamps and non toxic stamp pads. Paints and brushes. Glue and sticky tape.</td>
</tr>
</tbody>
</table>

For more rainy day fun check out our kid’s activity tool [here](#)!
**Top 5 Rainy Day Activities**

<table>
<thead>
<tr>
<th>Toddler 24-36 months</th>
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<tbody>
<tr>
<td><strong>Create a collage</strong></td>
</tr>
<tr>
<td><strong>Stamping like mad!</strong></td>
</tr>
<tr>
<td><strong>Doctors and nurses</strong></td>
</tr>
<tr>
<td><strong>Make a story book together</strong></td>
</tr>
<tr>
<td><strong>Baking time!</strong></td>
</tr>
</tbody>
</table>

- **Create a collage**
  - **Equipment:** Glue (pots of Clag from the supermarket are perfect and very cheap), scissors, stickers, old magazines you have finished reading as well as pencils, crayons or textas for the older kids.
  - **Instructions:** Help your child cut out pictures they like from the magazines and arrange them on a page. This helps them develop basic planning skills while they have fun. You can give them a photo of themselves or their family to place at the centre of the page and decorate the rest of the page themselves. The older children can make an alphabet book over time where each page represents a new letter.

- **Stamping like mad!**
  - **Equipment:** Buy ready made stamps from stamping, craft or discount stores. Toys R Us sell these at very reasonable prices. These are usually mounted on wood and are quite easy for little hands to grip.
  - **Instructions:** Give the kids a stamp pad and some paper and they can create beautiful pictures without making too much of a mess. There are some stamp pads especially made for kids but you can also use any you have around the house as long as they are non toxic.

- **Doctors and nurses**
  - **Equipment:** You may already have a doctors set or you can use other dress up materials from around the house.
  - **Instructions:** This is a great prettending game for kids. Take turns to play each role. Encourage your child to play doctors with their dolls or teddies so you don’t need to participate every time.

- **Make a story book together**
  - **Equipment:** Notepad, textas.
  - **Instructions:** Sit with your child and write a short story together. You can give them ideas like a recent holiday, a trip to the zoo, an afternoon in the park etc. When the story is complete, help your child decorate each page using pictures, drawings, magazine clippings etc. You can laminate each page at the end and keep the little book.

- **Baking time!**
  - **Equipment:** There are plenty of great recipes in our recipe section here.
  - **Instructions:** The kids can help add some ingredients, mix things around in the bowl and decorate the cakes at the end. Make a milkshake or hot chocolate for everyone and sit down to an afternoon tea picnic on the floor.

For more rainy day fun check out our kid’s activity tool [here](#)!
# Top 5 Rainy Day Activities

## Pre schooler

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<thead>
<tr>
<th>Activity</th>
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<th>Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Make lunch together</td>
<td>A packet of balloons.</td>
<td><strong>Equipment:</strong> A packet of balloons. <strong>Instructions:</strong> Blow up a balloon for each child. For soccer, create a goal area. This can easily be done with a simple dining room chair. It is easy to move and small enough to be a bit of a challenge. For golf or tennis, you can use 2 fly swatters and a smaller size balloon. To get the kids playing without you, ask them to use their hands or feet to keep the balloon off the ground. Ask them to count how many times they hit the balloon before it touches the ground.</td>
</tr>
<tr>
<td>Game of indoor soccer, tennis or golf</td>
<td>Old socks and stickers for the eyes, nose and smile.</td>
<td><strong>Equipment:</strong> Old socks and stickers for the eyes, nose and smile. <strong>Instructions:</strong> Help the kids create a puppet theatre or just move the lounge forward and have the kids hide behind it. Most lounges are a good height for a puppet theatre.</td>
</tr>
<tr>
<td>Sock puppets</td>
<td>Paper, pencils, crayons.</td>
<td><strong>Equipment:</strong> Paper, pencils, crayons. <strong>Instructions:</strong> Tell your child all the materials they need to draw a cool picture have been hidden around the house. They can then go find the hidden paper, pencils, crayons and once they find them they can do their drawing.</td>
</tr>
<tr>
<td>Indoor treasure hunt</td>
<td>A large piece of paper, paint, pictures from magazines, old photos.</td>
<td><strong>Equipment:</strong> A large piece of paper, paint, pictures from magazines, old photos. <strong>Instructions:</strong> Ask your child to lie down on a large piece of paper. Trace around them with a crayon and help them write their name at the top. Help them decorate themselves with all the things they love.</td>
</tr>
<tr>
<td>Me, me, me</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

For more rainy day fun check out our kid’s activity tool [here](#)!
# Top 5 Outdoor Activities

## Baby 12 – 24 months

<table>
<thead>
<tr>
<th>Activity</th>
<th>Equipment</th>
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</tr>
</thead>
</table>
| Flotsam pictures          | Bucket and spade to collect objects, cardboard, glue, shells, driftwood, leaves, sand. | **Equipment:** Cardboard, blue tack, paper, crayons, finger paints.  
**Instructions:** Head outside with your little one and blue tack lots of paper to the ground. Offer them chubby crayons, markers, and finger paints and watch them go to work! |
| Floor art                 | Cardboard, blue tack, paper, crayons, finger paints.                        | **Equipment:** Dishwashing gloves, non-toxic markers.  
**Instructions:** Cut the fingers off the gloves to make a set of puppets.  
Use non-toxic markers to draw different characters or animals on each and attach a set of googly-eyes with non-toxic glue. Head outside for a singing and dancing session with your new toys. |
| Funny finger puppets      | Dishwashing gloves, non-toxic markers.                                     | **Instructions:** Head outside and collect some sticks or leaves or sand. Place in the bottle and screw lid on tightly. Seal the cap with glue or a piece of masking tape for extra protection.  
Your child will be dazzled to watch the contents dance around as they shake or roll it back and forth. |
| Baby rattle               | Empty water bottle, leaves, stones, sticks.                                 | **Equipment:** Exercise book or notepad, glue, sticky tape.  
**Instructions:** Take your little one outside and choose items to glue in their book. This could be leaves or flowers or feathers. You can then sit together as they touch and feel their new book. Contact over the pages to make it last longer. |
| Nature book               | Exercise book or notepad, glue, sticky tape.                               | For more outdoor activities check out our kid’s activity tool [here](#). |

For more outdoor activities check out our kid’s activity tool [here](#).
# Top 5 Outdoor Activities

## Toddler 24-36 months

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<thead>
<tr>
<th>Activity</th>
<th>Equipment</th>
<th>Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outdoor table easel</td>
<td>Outdoor table, washable paint.</td>
<td><strong>Equipment:</strong> Outdoor table, washable paint.</td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Instructions:</strong> Tip the table on its side and use it like an art easel! Using washable paint (children’s paint usually is), paint directly onto the table (no need for paper). This works with white outdoor tables, tressel tables, or glass top tables. Don’t try it on a timber table! When your child has finished painting simply hose it down or wipe it clean!</td>
</tr>
<tr>
<td>Shadow games</td>
<td>A nice sunny day and some sunscreen on your little one.</td>
<td><strong>Equipment:</strong> A nice sunny day and some sunscreen on your little one. <strong>Instructions:</strong> Head outside with your little one and crouch down to make a small shadow. Then stand up to make a tall shadow. Toddlers will love standing beside you, imitating your movements to make your shadows match. Stand with your back to the sun and your toddler directly in front of you. Point out how your child’s shadow is hiding. (“We can see my shadow, but where is your shadow?”) Tell your child to extend arms, legs, or head to the side, and watch as their shadow peeks out.</td>
</tr>
<tr>
<td>Grow a garden</td>
<td>Pie plate, pebbles, carrot tops.</td>
<td><strong>Equipment:</strong> Pie plate, pebbles, carrot tops. <strong>Instructions:</strong> Save the carrots tops from your cooking! Fill the pie plate with a layer of pebbles about one inch deep. Cut off the tops of several carrots. Fat, short carrots work the best. Put the carrot tops on the pebbles, cut side down. Add enough water to cover the bottoms of the vegetables. The carrots should not be completely covered with water. Place the pie plate out of direct sunlight. Sprouts should appear in about a week with new growth every day.</td>
</tr>
<tr>
<td>Paper butterfly chase</td>
<td>Paper towel or coffee filters, water colour paints or food colouring, pipe cleaners and paintbrush.</td>
<td><strong>Equipment:</strong> Paper towel or coffee filters, water colour paints or food colouring, pipe cleaners and paintbrush. <strong>Instructions:</strong> Head outside and place the paper towel on a dry surface. Dip the paint brush into water and water colour paints. (If you’re using food colouring, dip the brush into a mixture of food colouring and water). Let the paint drip over the paper towel. Gather the paper together in the middle to create the wings. Hold the towel in place by twisting the pipe cleaner around the middle. Form the antennae from the ends of the pipe cleaners.</td>
</tr>
<tr>
<td>Bug hunt</td>
<td>Magnifying glass is optional (but not necessary).</td>
<td><strong>Equipment:</strong> Magnifying glass is optional (but not necessary). <strong>Instructions:</strong> Take your little one outside and explore the backyard or park with your child. Lift up stones and peek under tree bark. What do you find? Where do bugs like to hide? Point out the different colours on each bug. Explain why a bug is actually lovely to look at when you take the time to notice!</td>
</tr>
</tbody>
</table>

For more outdoor activities check out our kid’s activity tool [here](#)!
# Top 5 Outdoor Activities

<table>
<thead>
<tr>
<th>Pre-schooler</th>
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</thead>
<tbody>
<tr>
<td><strong>Mini edible garden</strong></td>
<td><strong>Magic flowers</strong></td>
</tr>
<tr>
<td><img src="image1.jpg" alt="Image" /></td>
<td><img src="image2.jpg" alt="Image" /></td>
</tr>
</tbody>
</table>

**Equipment:** 3 small plastic flower pots, 3 small clear plastic cups, soil (enough to fill the 3 cups), parsley and basil seeds.

**Instructions:** Make sure that there are holes at the bottom of the flower pots for proper water drainage. Involve your child in filling the pots with soil about ¾ of the way full. Invite them to poke their fingers in the soil to create beds for the seeds. Let your child fill the pots with soil about ¾ of the way full. Invite them to poke their fingers in the soil to create beds for the seeds. Let your child drop the seeds into the holes and fill with additional soil. Leave your plants on a window sill that gets plenty of sunlight. Keep the soil moist, but not soaking. Check back to show the plants’ progress.

**Equipment:** White carnations, glass of water, food colouring.

**Instructions:** Fill a tall glass half full with water. Add several drops of food colouring in a shade of your child’s choice. Trim the stem of a white carnation or daisy and set it in the glass.

In a few days, your child will be astonished to find a coloured flower where the white one should be!

**Equipment:** Balloon, newspaper, glue; bought or home made (flour and water mixed to a paste), paint and brushes, glitter and more glue.

**Instructions:** Set aside a few days for this activity. Inflrate a balloon and tie it off. Slowly build up the layers of paper around the inflated balloon. Allow each layer to dry before adding a new one. When your layers resemble a world globe, get out the paint and brushes to decorate it.

**Equipment:** Large sheets of white paper, non-toxic washable paints and a fly swatter.

**Instructions:** Head outside as this activity can get messy! Dip the fly swatter in the paint. Then, help your child swat the paper to create a splatter effect. Or, use the fly swatter like a stencil by laying it down on the paper and painting over it.

**Equipment:** Extra-large container, plastic bucket, plastic shovel, plastic dinosaur figurines and plastic dinosaur eggs.

**Instructions:** Take your little one outside and fill a container with mulch, soil, or sand. Put a drop cloth underneath the digging station to prevent too much of a mess. Bury the dinosaurs and dinosaur eggs. Let them dig through the mulch with the shovel or their hands to unearth the objects.

For more outdoor activities check out our kid’s activity tool [here](#)!
### Top 5 Craft Activities

Caution: Adult supervision is always recommended when creating these crafts. Please note that there may be small parts for some of the crafts that could be a choking hazard for children under three years of age and/or tools needing close adult supervision. Created crafts may not be intended for use as toys and these should only be used with adult supervision by children under three years of age.

#### Bub 12-24 months

<table>
<thead>
<tr>
<th>Magic name collage</th>
<th>Crayon cupcakes</th>
<th>Autumn trees collage</th>
<th>Baby painting</th>
<th>Card time!</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image1" alt="Image" /></td>
<td><img src="image2" alt="Image" /></td>
<td><img src="image3" alt="Image" /></td>
<td><img src="image4" alt="Image" /></td>
<td><img src="image5" alt="Image" /></td>
</tr>
</tbody>
</table>

**Equipment:** A large sheet of cardboard (or paper), a glue stick, coloured paper (or small objects that will stick to cardboard).

**Instructions:** On the sheet of cardboard write your child’s name with a glue stick. Let your child tear up bits of coloured paper and get them to cover the sheet of cardboard with the paper (or anything small enough that can be stuck onto cardboard).

When they are done covering the sheet of cardboard – lift it up and let all the extra bits fall off and their name will appear – like magic!

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**Equipment:** Broken crayons, aluminium foil and muffin tin.

**Instructions:** Preheat the oven to 150C and line an old muffin tin with aluminum foil. Remove the paper wrappers from the crayons. Have your child help you fill the muffin cups halfway with crayons. Heat the crayons for four minutes, or until they are melted. Remove the tin and allow it to cool for several minutes. Lift the aluminum foil and carefully remove the circle-shaped crayons. Hand your child a piece of paper so that they can test the blended crayons right away.

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**Equipment:** Paper, glue and leaves.

**Instructions:** Draw a tree trunk on paper.

Go for a walk with your little one and together collect autumn leaves.

Glue or tape leaves onto your tree.

Hang on the wall and admire!

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**Equipment:** A large sheet of plastic, tubs of water base paint (make sure it is non-toxic), flat sponge brushes/large paint brushes, sheets of paper.

**Instructions:** Lay a sheet of plastic on the ground in an area outdoors. Dress your baby in some old clothes.

Place some paper and a few flat sponge brushes or large paint brushes in front of bub and start spreading some paint onto the paper to show them what to do. Then stand back and let them create original art!

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**Equipment:** Red and pink paint and construction paper.

**Instructions:** Fold the construction paper in half to make a card. Have your child fold one sheet for each card they want to make.

Put the folded cards aside; help your child paint the inner side of both their hands with either the red or pink paint. Carefully place the left hand on the construction paper in a northwest position and the right hand in a northeast position. Make sure to put both palms on top of each other. The handprints may form a heart. Let the card dry completely.

For more craft activities check out our kid’s activity tool [here](#)!
Top 5 Craft Activities

Caution: Adult supervision is always recommended when creating these crafts. Please note that there may be small parts for some of the crafts that could be a choking hazard for children under three years of age and/or tools needing close adult supervision.

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<tbody>
<tr>
<td>Autumn leaves decal</td>
</tr>
<tr>
<td>Colour in stencil</td>
</tr>
<tr>
<td>Feet painting</td>
</tr>
<tr>
<td>Paper bag kites</td>
</tr>
<tr>
<td>Paper mache</td>
</tr>
</tbody>
</table>

**Equipment:** Scissors, clear adhesive book covering, leaves from the garden.

**Instructions:** Take a walk with your child and collect some colourful shaped leaves from the garden, make sure that they are dry before using in project. Cut two pieces of the clear book covering the same size.

Remove the backing from one of the pieces and get your kids to place the leaves on the sticky side pressing down gently. Remove backing from 2nd piece and carefully place over top. Smooth over gently to remove any air bubbles. Stick artwork on a glass window using sticky tape or blue tack.

**Equipment:** Scissors, clear adhesive book covering, leaves from the garden.

**Instructions:** Take a walk with your child and collect some colourful shaped leaves from the garden, make sure that they are dry before using in project. Cut two pieces of the clear book covering the same size.

Remove the backing from one of the pieces and get your kids to place the leaves on the sticky side pressing down gently. Remove backing from 2nd piece and carefully place over top. Smooth over gently to remove any air bubbles. Stick artwork on a glass window using sticky tape or blue tack.

**Equipment:** Colouring in pencils.

**Instructions:** Click on the names below to print off the following stencils.
1. Percy Pup & friends
2. Betsy Bunny & friends
3. Lou-Lou Lamb & friends
4. Cassie Cat & friends
5. Danny Duck & friends

There are many more great stencils available [here](#).

**Equipment:** 2 tablespoons of cornflour, cold water, and 1 cup of boiling water, food colouring, a saucepan, wooden spoon, A3 paper and a large sheet of plastic or plastic tablecloth.

**Instructions:** Blend cornflour with a little cold water and mix to a smooth paste. Add boiling water and stir over a low heat until the mixture thickens – add some food colouring and mix thoroughly. Cover outdoor area with large sheet of plastic, put sheets of A3 paper down on top. Let your child draw pictures on the paper with their feet. Make sure there is a bucket of warm water on hand to clean up!

**Equipment:** Paper bags, crayons or colouring items, crepe paper, sticky tape, a hole punch, string.

**Instructions:** Help your child decorate their paper bag which will be their kite – make sure they are really bright and colourful. Attach some crepe paper with sticky tape to the closed ends of the paper bag; this is the tail of the kite. On one side of the open end of the bags place some tape for reinforcement, and then punch a hole through the tape. Thread some string through the hole to complete the kite. This kite will not fly up in the air, but your child will have lots of fun running with their kites flying behind them in the wind.

**Equipment:** Strips of newspaper (approx. 2cm x 10cm), paste, something to use as a mould, paints, brushes and stickers to decorate the finished item.

**Instructions:** Select an item to use as a mould, eg bowl. Take 1 strip of newspaper at a time and immerse it in the glue. Stick onto mould and smooth over the surface. Repeat this over and over again in lots of different directions. Help your child cover the mould as evenly as they can. When the mould is completely covered leave it to dry. Once dry apply another 2-3 layers of newspaper allowing the mould to dry between layers. Once it is dry paint or decorate your creation. More details [here](#).

For more craft activities check out our kid’s activity tool [here](#)!
# Top 5 Craft Activities

## Pre-schooler

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<tr>
<th>Activity</th>
<th>Equipment</th>
<th>Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mini edible garden</td>
<td>Ice block sticks, glue, small cardboard box, some seashells.</td>
<td>Let it dry overnight – simple!</td>
</tr>
<tr>
<td>Magic flowers</td>
<td>Rubber bands, white shirt, fabric dye in different colours, rubber gloves.</td>
<td>Let your child help you make several twists on the tee shirt. Twist and secure different sections of the shirt. Prepare yellow, red, and blue colours of fabric dye, according to directions. Use rubber gloves to protect your hands. Start with the lightest shade and end with the darkest. Dip the entire shirt into the yellow fabric dye. Soak for several minutes. As you dip each colour, explain what will happen to the colours when they are mixed together. Run the shirt under cold water until the water runs clear. Carefully remove the rubber bands.</td>
</tr>
<tr>
<td>Papier mache world globe</td>
<td>One large dinner plate, milk, food colouring.</td>
<td>Important – cover work surface well as this has the potential to get a bit messy! Get a large dinner plate. Pour enough milk to cover base of plate. Using two (or more) different food dyes, place one drop of colouring on one side of milk and one drop on the other. As the dye starts to spread, the milk tries to repel the dye and it’s fun to watch what happens.</td>
</tr>
<tr>
<td>Swatter art</td>
<td>Thick cardboard or large pieces of a cardboard box, clear glue, PVA glue, masking tape, newspaper, small picture frame hangers, white paint, coloured paint.</td>
<td>Cut 2-3 pieces of cardboard to the same size. A good size is 30cm x 25cm. Stick all the sheets together with the clear glue and secure the edges with masking tape. Paint over the plaque with a coat of PVA glue and leave to dry. Stick one or two picture frame hangers to the back of the plaque with clear glue and leave them to dry completely. The plaque is now ready to decorate. More details <a href="#">here</a>.</td>
</tr>
<tr>
<td>Digging for dinosaurs</td>
<td>Foam balls, pipe cleaners, paint, paint brush &amp; tray, eyes, feathers, scissors, craft glue (optional), coloured matchsticks, felt, glitter, pom-pom, (helpful) corn holder, skewer.</td>
<td>Paint foam balls and allow to dry. Cut pipe cleaners to size and bend to shape required (i.e. legs, hair). Poke pipe cleaners into the ball (if this proves difficult, use a skewer to prepare hole for child) at appropriate locations. To make a bird, place feathers in suitable location. Use craft glue to add eyes to ball (optional).</td>
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</tbody>
</table>

For more craft activities check out our kid’s activity tool [here](#).
## Top 5 Education Activities

### Baby 9-24 months

<table>
<thead>
<tr>
<th>Activity</th>
<th>Skills</th>
<th>Equipment</th>
<th>Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Baby ball</strong></td>
<td><strong>Skills</strong>: Muscle builder, hand/eye coordination, just for fun, mind builder.</td>
<td><strong>Equipment</strong>: Soft ball.</td>
<td><strong>Instructions</strong>: Roll a large, soft ball back and forth with your child. Watch her face light up as she “catches” the ball between her knees and watch her concentration when she stretches to get one that is just out of reach. Have her roll the ball back to you and practice aiming at a target. Experiment with different surfaces. Does the ball roll slower or quicker on carpet? Does the ball make more noise or less noise on tile?</td>
</tr>
<tr>
<td><strong>Baby stacks</strong></td>
<td><strong>Skills</strong>: Mind builder, hand/eye coordination, muscle builder, just for fun.</td>
<td><strong>Equipment</strong>: Stacking cups.</td>
<td><strong>Instructions</strong>: Place Baby on a blanket on the floor, and give him a series of stacking cups of graduated sizes and variations. It is best to use stacking objects that are the same shapes, such as circular cups that graduate in various sizes or even kitchen measuring cups. Build towers by placing smaller plastic cups onto larger ones, and then knock them down. Collapsing them or knocking them down emphasises permanence because they change position while remaining the same objects.</td>
</tr>
<tr>
<td><strong>Baby touch</strong></td>
<td><strong>Skills</strong>: Muscle builder, bonding.</td>
<td><strong>Equipment</strong>: N/A.</td>
<td><strong>Instructions</strong>: Play “This Little Piggy”: Pulling the thumb, say, “This little piggy went to the market.” Pulling the index finger, say, “This little piggy stayed home.” Pulling the middle finger, say, “This little piggy had roast beef.” Pulling the ring finger, say, “This little piggy had none.” Pulling the pinky finger, say, “This little piggy cried ‘wee wee wee’ all the way home!” Feel free to tickle Baby as you say “wee wee wee!” Play bicycle: As Baby lies on her back, lift up her legs and rotate them as if she were riding a bicycle. Make up a silly rhyme to sing as you do it, such as: “I’m riding my bike today! I’m going to head out and play! I wish I might and I wish I may! Have some fun on my bike all day!”</td>
</tr>
<tr>
<td><strong>Let’s talk</strong></td>
<td><strong>Skills</strong>: Mind builder, language awareness, sounds.</td>
<td><strong>Equipment</strong>: N/A.</td>
<td><strong>Instructions</strong>: The best way to encourage vocabulary is to talk a lot. You are your baby’s best model, and you can help your baby enrich his vocabulary by exposing him to various words and experiences. As you are walking in the park, talk about the birds chirping, the kids on the swings and the dogs running. What sounds does the bird make? What is the child making in the sandbox? What colour is the sky? While shopping, talk about the fruits, vegetables and all your baby’s favourite foods. What shape is the orange? As you bathe him, name his body parts and talk about how the water feels warm and the bubbles “pop.”</td>
</tr>
<tr>
<td><strong>Reading rocks!</strong></td>
<td><strong>Skills</strong>: Sound awareness, attention skills.</td>
<td><strong>Equipment</strong>: Felt story books, colourful books with repetition.</td>
<td><strong>Instructions</strong>: Hold Baby when you read to him. Take time to let him really look at the pictures and be patient when he flips through pages without actually reading. Point out interesting things on the page, vary your vocal pitch and create character voices. Stop reading when it’s clear that Baby has had enough.</td>
</tr>
</tbody>
</table>

For more education activities check out our kid’s activity tool [here](#)!
## Top 5 Education Activities

<table>
<thead>
<tr>
<th>Toddler 24-36 months</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feed the monkey game</td>
</tr>
</tbody>
</table>

### Feed the monkey game

**Skills:** Hand/eye coordination, mind builder, muscle builder.

**Equipment:** Cardboard box, scissors, a pair of stockings or a pair of knee-high socks, dried peas, beans or uncooked rice, rubber bands, coloured paper, paints, crayons or textas.

**Instructions:**
- Create monkey face on box by sticking on one large brown circle for the head and two smaller circles on the sides for the ears.
- Using textas add eyes and a nose.
- Use sturdy scissors or a utility knife to cut a large opening where the mouth would be.
- Fill 3-4 socks with dried peas, beans or uncooked rice and secure each one with rubber bands.
- To play, mark an “X” on the floor where the player will stand. Place the “monkey box” a distance from the “X” and let the children take turns feeding the hungry monkey!

### Giraffe toilet roll character

**Skills:** Hand/eye co-ordination, just for fun, mind builder.

**Equipment:** Toilet paper roll, paints and brushes, or pencils and crayons, paddle pop stick or drinking straw, scissors, craft glue or sticky tape, paper or cardboard.

**Instructions:**
- Print our template [here](#) and follow the instructions on the link.

### Alphabet flash cards

**Skills:** Mind builder, literacy skills.

**Equipment:** Computer.

**Instructions:**
- Click [here](#) to play on your computer with this interactive set of alphabet flash cards for your child. You can also print your own set and follow our ideas on how to use them for your child’s learning.

### Messy writing

**Skills:** Mind builder, hand/eye coordination, just for fun.

**Equipment:** Finger paints, whipped cream, large sheets of paper, art smock.

**Instructions:**
- Set up a table outside (or in your indoor play area) and cover it with a layer of whipped cream. Let your child, who is dressed in either a bathing suit or play clothes, write with her finger in the whipped cream. Help her by guiding her hand to create a letter then let her try a few on her own. Start over by gently wiping over to smooth out the whipped cream. Encourage your child to write when playing with paints. Show her how to use the paintbrush, or her finger while finger painting, to form letters and numbers. The fine motor skills needed in painting are the ones needed for printing.

### Words around the house

**Skills:** Literacy skills, mind builder, repetition.

**Equipment:** Paper and thick marker.

**Instructions:**
- Use the same marker and print style to create a series of 10 to 15 signs, using lower-case lettering.
- Tape the signs on or near the objects. For example, the word window could be placed directly under the window.
- Ask your child to spell out the word and tell you what it is by looking at the object itself.
- Repeat the activity several times a week. At this young age, repetition is key to learning. Regardless of whether your child spells the word correctly, be sure to offer plenty of praise in order to boost his self-confidence and increase his desire to continue learning.

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### Top 5 Education Activities

<table>
<thead>
<tr>
<th>Pre-schooler</th>
<th>A full deck</th>
<th>Count the chicks</th>
<th>Memory game</th>
<th>Weather bear</th>
<th>My kind of town!</th>
</tr>
</thead>
<tbody>
<tr>
<td>Equipment:</td>
<td>Deck of cards.</td>
<td>12 large fluffy yellow pom-poms, 24 googly eyes, 12 small orange paper triangles (beaks), 1 egg carton.</td>
<td>Any basic objects your child is familiar with, e.g., wooden spoon, paintbrush, texta.</td>
<td>Large teddy bear.</td>
<td>Map and local map book.</td>
</tr>
<tr>
<td>Instructions:</td>
<td>Help your child figure out what their numbers add up to, and then figure out what your own cards add up to.</td>
<td>Glue a pair of googly eyes to each pom-pom. Glue triangles underneath eyes (to use as the beaks). Place in the egg carton. Close the carton and tell your child, “Oh my! The eggs have hatched!” Open the carton and say, “How many baby chicks are there?” Ask your child to count aloud as she points to each chick. Take out some of the chicks and shut the carton again. Say, “Oh no! (Number) of the baby chicks flew away! Now how many are left?” You can use the chicks to help teach arithmetic. Don’t worry if he is not yet able to perform this skill as every child develops at his own pace.</td>
<td>Place 3-4 objects in front of your child and give them a few minutes to memorise them. Ask them to close their eyes and remove one of the objects. Ask them to identify which one has been removed. Also try placing 2-3 objects in front of your child again, giving them time to absorb the information. Once they close their eyes, rearrange the order they are in and ask your child to put them back in their original place. Vary the colours and shapes of the objects each day.</td>
<td>Purchase a teddy bear large enough to fit into your child’s old baby clothes. Each morning, help your child dress the bear in an outfit that is appropriate to the day’s weather. For example: choose a sweater and jeans for a mild day in autumn, or shorts, a T-shirt, sunglasses, and a baseball cap on a warm summer day. Ask your child to help you select a similar outfit for her to wear. As long as the items are appropriate to the temperature, be sure to give her some power to choose what she wants to wear — even if it’s not the most co-ordinated look you’ve ever seen! Point out different locations on the map, such as oceans and deserts. What colour is the ocean? What lives under water? How big is the desert compared to where we live? These types of questions generate an interest in the world around us.</td>
<td></td>
</tr>
</tbody>
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## Top 5 Recycling Activities

<table>
<thead>
<tr>
<th>Toddler 24-36 months</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Homemade drum kit</strong></td>
<td><strong>DIY dolls</strong></td>
</tr>
<tr>
<td>![Homemade drum kit image]</td>
<td>![DIY dolls image]</td>
</tr>
</tbody>
</table>

**Equipment:** Empty formula tin, old gift wrapping paper or material, hot glue gun, shoe laces, inner tube of tyre, hole punch.

**Instructions:** Wash and dry formula tin. Pick nice pressed gift wrapping paper or material, cut to size. Use a hot glue gun to cover your tin with the gift paper/material. Use inner tube for the drum skin. Cut out two skins per drum, circle shaped and a bit larger than the top of the tin. Use the hole punch to make holes for the laces to go through. Tie a pair of shoe laces together and thread through holes of skins as shown, from top skin to bottom. Finish by making a strap out of shoe laces.

- **Equipment:** Felt or fabric remnants, blunt child-safe scissors, stick-on velcro, piece of white paper, pencil, lace velvet trim, fabric glue.
- **Equipment:** 3 empty Huggies nappy boxes, 2 toilet rolls for the chimney, sticky tape, a few old CDs for wheels, toys for passengers.
- **Equipment:** Empty bucket, acrylic paint.
- **Equipment:** Egg carton (1 makes 5 finger puppets), textas, bits and pieces to decorate, glue, sticky tape.

**Instructions:**
- Help your child lay his or her doll on the sheet of white paper. Draw the doll’s shape on the paper with the pencil. Have your child cut out the pattern.
- Place two pieces of the felt on top of each other, or fold in half. Lay the template over the two sheets of felt, and help your child cut around the pattern. Let your child stick pieces of velcro to attach the sides of the two pieces together. Attach the top to “dress” the doll.
- Construct the carriages. Stick the wheels on the edges. Add the toilet rolls as steam chimneys. String the carriages together and include a lead string so older kiddies can take their toys for a journey.
- Clean out some old buckets.
- Cut eye holes in the sides.
- Use acrylic paint to paint the outside of the bucket in a style they choose.
- This could be a fairy, a robot or even a gorilla.
- Let the children wear them to play in, and watch their imaginations go wild.
- Cut off the pointy parts of the egg carton to make triangular ‘cones’ that fit over your child’s finger. Decorate with textas and bits and pieces to make into little finger puppet people. Add faces, clothes, hair, or hats, using scraps of fabric, googly eyes, small pom-poms, pipe cleaners, etc.

For more recycling activities check out our kid’s activity tool [here](#).
## Top 5 Recycling Activities

<table>
<thead>
<tr>
<th>Pre-schooler</th>
<th>Make flowers!</th>
<th>Coloured pasta necklaces</th>
<th>Milk carton toy box</th>
</tr>
</thead>
</table>
| **Penguin money box** | **Recycled toy heat pack** | **Equipment:** UHT milk container, scissors, glue, crepe papers, small sheet of cardboard.  
**Instructions:** With empty UHT milk carton, cut out and glue on some crepe paper to form the body of a penguin. Wait for the body to dry and then cut out cardboard in the shape of feet, beak and wings. Glue on some orange crepe paper, then glue those parts onto the face and body to form the penguin’s features. Scrunch up a few little balls of black crepe paper for the eyes and buttons down his tummy. At the top of the carton, lift open the little cap - this becomes the part where you insert coins and then close it again. | **Equipment:** Plastic drinking cups, paddle pop sticks, paint to decorate.  
**Instructions:** Cut down the sides of the cup to make petals.  
Paint the centre and petals different colours.  
Glue (or sticky tape) the cup onto a long paddle pop stick (or two sticks stuck together).  
Replace the stuffing with either wheat or rice infused with aromatherapy essences of your choice (lavender is good to promote sleep)  
Re-stitch toy. | **Equipment:** 1 litre milk carton.  
**Instructions:** Get a 1 litre milk carton and cut out the longest section along one side.  
Place a plastic insert from a biscuit packet inside the now open milk container. Attach with glue or tape on the inside.  
Glue fun foam or paper shapes on the outside and glue some milk bottle lids on as the 4 wheels. Use with small dolls or fisher price little people! |
| **Make flowers!** | **Equipment:** Recycle old or unused teddies and other soft toys, wheat/rice.  
**Instructions:** Remove any glass eyes, nose, etc, and replace with felt cut-outs.  
Gently cut open the toy along one seam and remove filler/stuffing from main body.  
Replace the stuffing with either wheat or rice infused with aromatherapy essences of your choice (lavender is good to promote sleep)  
Re-stitch toy. | **Equipment:** Dry pasta, food colouring, string.  
**Instructions:** Combine 2 tablespoons of white vinegar and enough food colouring to make a strong colour together in a zip-lock bag.  
Add different pasta (with holes in them) and shake to colour evenly.  
Place on greaseproof paper on a baking tray to dry.  
String together to make fun necklaces. | 
| **Coloured pasta necklaces** | **Equipment:** 1 litre milk carton.  
**Instructions:** Get a 1 litre milk carton and cut out the longest section along one side.  
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For more recycling activities check out our kid’s activity tool [here]!
Top 20 Craft Box Must Have Items

There is no doubting that life runs a great deal more smoothly when your craft box is filled with those items that make craft activities that bit easier.

It goes without saying that you should store your craft box up high and out of curious little hands’ reach! Otherwise you may find that the sticky tape has been used to redecorate your living room, or a trail of finger paint headed up the stairs...

Top 20 Items:

1. Glue stick
2. Clag glue pot
3. Sticky tape
4. Blue tack
5. Finger paint (non-toxic and in several colours)
6. Paint brushes
7. Art smock
8. Paper (recycling tip, use the old computer print-out ones to paint on the back)
9. Cardboard (save any and all boxes, you can cut flaps off them as you need them)
10. Textas
11. Crayons
12. Pencils
13. Scissors
14. Contact
15. String
16. Felt or any material scraps you collect
17. Toilet paper rolls
18. Rubber bands
19. Old magazines
20. Glitter
We really hope you have enjoyed our Huggies® Playtime Activity eBook. You can visit our eBook library at www.huggies.com.au at anytime for many more free pregnancy, baby and parenting eBooks.

The Huggies Team