

# CHILD CPR

## ➤ Dangers

Ensure you and others are safe.

## ➤ Response

Check for response: "Can you hear me?"

## ➤ Send for help

Send for help – Dial 111 and ask for ambulance.

## ➤ Airway

Tilt the head back and lift the chin.

## ➤ Breathing

Look for normal breathing.

## ➤ Commence CPR

Place 1 hand in the centre of the chest.  
Push down hard and fast 30 times, then give 2 breaths.  
Attach AED if available.

Continue cycle of 2 breaths and then 30 compressions until an ambulance arrives.

(For babies under 1 year old, use 2 fingers on the centre of the chest rather than one hand).



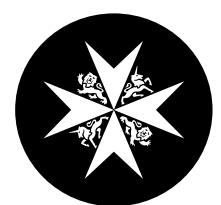
**For First Aid Training and First Aid Kits**



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